

Grey Power Napier & Districts

PO Box 4247, Marewa, Napier 4143

Quarterly Newsletter

www.napiergreypower.org

Summer 2019



***We Wish You
a Merry Xmas
and a Happy
New Year!***

**The Napier & Districts
Grey Power committee
thanks all our members,
supporters and sponsors
for a successful year,
working together to
enhance the well-being
of the older generation.**



Come to our Christmas Luncheon

Tuesday, 26th November 2019

Pukemokimoki Marae, 191 Riverbend Road, Maraeniui
Starting at noon (12pm)



Subsidised cost of \$10 per person. If you are going to attend this special occasion, please contact either:

Isabel on 06 843 0524 or email iawood@slingshot.co.nz
or Bruce on 06 844 5635 or email bpcarnegie@gmail.com
By November 21st to book your place.

On the Day: Best to arrive around 11:30am, the Maori Wardens will be there to guide you with parking. • Please bring money for the raffles - \$2 per ticket or \$5 for three. • Item for the Napier Food Bank. We look forward to seeing you for an enjoyable time together.

Kindest regards

Bruce Carnegie - President

Our 2019-2020 Committee

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Find us on Facebook



Front: June Graham, Ian Cook

Second row: Anne Mitchell Isabel Wood, Jacque Hurst

Back row: Russell Wyeth, Bruce Carnegie, Maxine Boag, John Wuts

Absent: Rana Dallas



LIFE LESSON #30
WHEREVER
YOU GO THIS
SUMMER, GO
WITH ALL
YOUR HEART.

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From the President...

Kia Ora!

Warm greetings everyone.



It was with sadness that we recently said goodbye to one of our longest serving members, Lilian Rennett, who passed away in September. She was the smiley person who took your raffle money and always offered a chocolate fish. A Life Member who was part of our committee, and a Grey Power member for longer than even she could recall, Lillian will be sadly missed and always fondly remembered.

We are so pleased to have a new treasurer, Mr Ian Cook who has lots of past experience to suit this position and is becoming a valuable committee member, thank you Ian for volunteering to take on this extremely important responsibility.

Our most memorable moments this year have been the two candidates' meetings for Local Body elections. The first in August was for the Napier candidates for the Regional Council, competing for three positions. Six of them turned up, to speak to 260 members present - a significant audience.

However the three Mayoral contenders and 21 Ward Councillor candidates attracted an audience of well over 300. Just proves that senior people are interested in what is happening in Napier, the politics and which candidates to vote for. In our last newsletter we featured each candidate's photo and 50 words sharing why we should vote for them as well as answering questions about issues and concerns in the context of NCC's Positive Ageing Strategy. This was a great way for us to get to know them in advance before the meeting - and follow up to see that they keep their word!

With voting over, we now have a new Mayor, Kirsten Wise and 12 councillors, who are featured later in this newsletter. We are also very happy that Deputy Chair Maxine Boag was re-elected and will continue to keep us up to date with council news.

The Regional Council now has two new Napier Councillors, Hinewai Ormsby and Martin Williams who along with Neil Kirton are representing us. We wish them all every success with the challenges to come and would love to see them at some of our public meetings next year.

On the 1st October we had the opportunity to celebrate the International Day of the Older Persons, a special one for senior people around the world highlighting the important contributions that older people make in society. The celebration this year was an afternoon tea at the Municipal Theatre, planned and put on by our City Council, supported by Age Concern and Grey Power. The day was very successful with 130 elderly people enjoying the entertainment, the delicious afternoon tea and the chance to win one of the lucky number prizes.



At our October meeting our guest was MP David Seymour who talked to us about his "End of Life Choice Bill". Isabel has described in more detail his informative presentation and how he was received by the meeting. We have also joined the HB Positive Ageing Trust, which has members from Hastings and Napier Grey Power and elected members from both councils. As well, we meet regularly with the District Health Board's Commissioner for the Wellbeing of older people; and go to quarterly Zone meetings in Palmerston North. It's been a busy year! I had the opportunity to meet the manager Jane Jackman of the Peoples Advocacy Society and was surprised to learn about the services they offer to all ages. For example I received a breakdown of the services offered by WINZ that are not always known. They were also very interested in what we do and I was able to leave brochures and invite her as a potential guest speaker for one of our meetings next year. If you're needing some helpful advice about a concern you have, they may be able to help. They are located at the Napier Family Centre, 112 Morris Spence Ave. Onekawa. Ph. 834 0206

We thank Dunstall's Funeral Services for their sponsorship over the last three years in paying for a monthly full page in the local newspapers. It has helped advertise who we are and attract many new members. Six years ago, we had 500 members and today close to 1400.

The final meeting for the year is our Christmas Luncheon on Tuesday 26th, please see our reminder notice and look forward to seeing you at this fun occasion. It has been a busy enjoyable year and look forward to the luncheon, holiday period and 2020. Thinking of next year our first general meeting is in February - Tuesday the 18th at St Columba's Church Taradale at 1-30 pm. As an idea mark on your calendar or diary.

Best wishes everyone for a happy and healthy Festive Season.

Bruce Carnegie (President)
Grey Power Napier & Districts

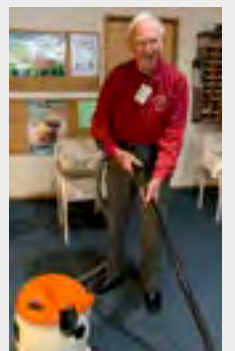


Part of the team of Grey Power-Age Concern volunteers at the IDOP

Behind the scenes - our helpers

We are lucky to have Maori Wardens to guide and assist in parking - Lee Te Kahika, Lorrienne Walsh, Sam Bradshaw, Gaylene Kiripatea and Huriana Lawrence at work.

Service takes many forms... Committee member Russ Wyeth (right) manning the vacuum cleaner...



Our new Napier City Council...

Grey Power asked the Mayor and each Councillor this question:

What is one thing you would like to see Council achieve in the next three years?

Here are their responses!



Mayor Kirsten Wise: "My aspirational goal is to rebuild the trust with our community and ensure they are truly involved in our decision-making processes; to engage with them from the outset and enable them to set the council priorities for the next 1, 3 and 30 years."

Tamatea-Onekawa Ward Councillors



Annette Brosnan:

Deputy Mayor: "I would like to see our council and community form tighter bonds and work together."



Richard McGrath:

"I would like the council to gain back the trust of our community and its people."



Hayley Browne:

"I'd like to see the city take aspirational and sustainable steps towards uplifting the wellbeing of all our people."



Keith Price:

"The reinstatement of the War Memorial, Eternal Flame and Rolls of Honour in an appropriate manner reflecting the importance of this memorial (same as Graeme Taylor)."

Nelson Park Ward Councillors



Maxine Boag:

"I'd like to see the ward councillors, as well as the council as a whole working together as a team, serving the people."



Api Tapine:

"That Napier City will have defined with intent and resourcing the importance we as a city place in housing provision in Napier."



Sally Crown:

"To see public satisfaction and faith in council improved. Hard to measure but so important."



Greg Mawson:

"I would like to see better relationships between councillors and management; strong relationships with our neighbouring councils and through more openness and consultation, form better relationship with our residents and ratepayers."

Taradale Ward Councillors



Tania Wright:

"A council operating at the highest level of integrity and good governance where personal agendas are set aside and decisions made in the interests of all the citizens of NAPIER."



Ronda Chrystal:

"I would like to see all of Napier supplied with clear, clean, healthy (unchlorinated) water."



Graeme Taylor:

"The reinstatement of the War Memorial, Eternal Flame and Rolls of Honour in an appropriate manner reflecting the importance of this memorial."



Nigel Simpson:

"My aspirational target is that Council facilitates a safe and prosperous environment that supports residences of all ages, encourages employment through business opportunities and tourism growth."

Our Monthly Meetings: A Year In Review...

By Isabel Wood

During the year the speakers and topics for our monthly meetings have been varied and all interesting, attracting well over 100 members.

FEBRUARY: We welcomed Darren from the NZ Transport Agency who took us through the process of Older Drivers Licence Renewal. He outlined the steps needed for renewal and the most important message was "Keep informed of changes to the Road Code and to stay a safe driver."

MARCH: We listened and were informed on all aspects of eye health by Optometrists Hazel Wong and Rebecca Burn. Regular eye checks was the optimum in protecting our eyesight – most important for the early detection of eye disease such as glaucoma. We would all agree that, as we age, to be able to retain our sight is of the highest priority.

APRIL: Our yearly greetings to Stuart Nash, MP for Napier, who came and updated us all about the work he is doing in Parliament on our behalf. Stuart holds several important Portfolios, in particular Minister for Police, and in his usual dynamic way entertained us all.

MAY: Holly Cushen from Chorus spoke to members about the benefits of broadband and optic fibre currently being installed in many streets, and the difference this could make to our ability to communicate with others.

JUNE: This was our AGM and our invited guest was Aynsley Richard

from the Fire and Emergency Services asking us "How Fire Safe are You?" Working smoke alarms was the basic first step; having an escape plan in the event of fire that all family members were familiar with and most importantly "GETTING OUT AND STAYING OUT" and calling 111. Fire spreads so fast and with it often toxic smoke, that it can take only 2 or 3 minutes to lose your home – NEVER RE-ENTER. Members were given a Fire Safety booklet full of vital information which would prove beneficial if ever in a home fire situation.

JULY: Two delightful ladies, Judith Goldsack and Rachel Graham from Nourished for Nil Food Rescue in Hastings, explained their operation in rescuing food to help eliminate food waste which was becoming a global problem.

They are a not for profit organisation, run with military efficiency, who rescue around 6 to 8 tonnes of food each week. They have set up a rescue centre obtaining food from supermarkets (mostly bread), cafes and bakeries, fruit and vegetables and sometimes meat that would otherwise be dumped and redistribute it to those in need.

Food is weighed, bagged up by volunteers and daily portions given out to around 300 to 350 people per day – each bag of food containing exactly the same amount of food so those last in line receive the same as the first person.

A special seniors morning is held on Thursdays between 10 and 11.

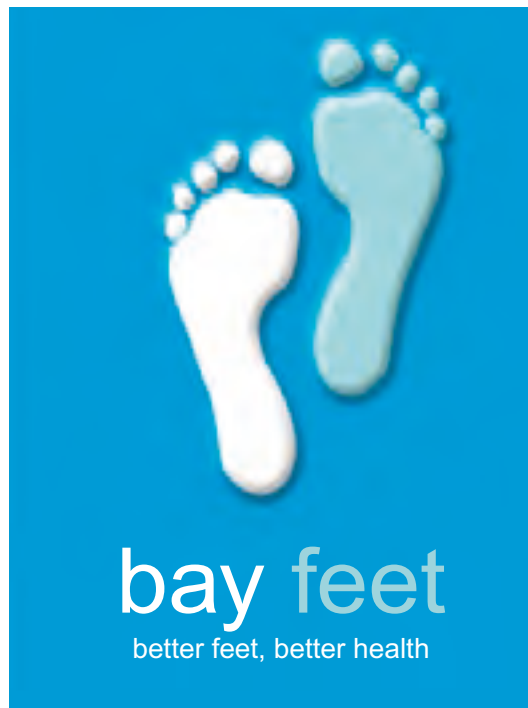
Our Monthly Meetings continues on page 7



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Neither the Association, nor any person or persons associated with it accepts any liability whatsoever for the contents of this newsletter, nor do we necessarily endorse any product advertised.

Next year this newsletter will be designed and printed by Kiwi Publications but will retain our local content and comment. Thank you!



Cara Rountree

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Stuart NASH MP for Napier

Investing in your health

by Stuart Nash, MP for Napier

Every New Zealander – no matter who they are, where they live, or how much money they have – should be able to get top quality health care at their local medical centre. That means modern health facilities, and a dedicated health workforce, right across the country. Making sure we deliver great health care across the country requires wise investment, especially as our growing and ageing population has ever more complex health needs.

Unfortunately, prolonged neglect of our health system means we're having to play catch-up. Over nine years, the previous government underfunded our public health service by around \$2.3 billion. For the fortunate few who could easily afford private health insurance that wasn't a problem, but the rest of the country was worse off.

This government takes a different, more compassionate approach. We know most New Zealanders care about their neighbours as well as themselves, and want to see everyone – not just themselves – having access to high-quality care locally.

That's why this government has prioritised health in our first two years in office.

In our first two years, we've already invested more in improving our hospitals than the previous government did in nine years.

But health care is about more than just buildings. That's why we've also hired 1,500 more nurses since taking office, nearly 600 more doctors, and over 500 more allied health workers. That's also why we've made major improvements to cancer care, funding new or upgraded radiation machines in twelve regions, and funding new, more effective cancer drugs nationwide.

From 1 December PHARMAC will fund Alecensa for ALK positive advanced non-small cell lung cancer and Kadcylla for HER-2 positive metastatic breast cancer. A new treatment for multiple sclerosis, Ocrevus, is also being funded and access to respiratory disease treatment Esbriet is being widened.

PHARMAC is currently consulting on three more cancer drugs – Lynparza for ovarian cancer, Faslodex for breast cancer and Venclexta for chronic lymphocytic leukaemia.

Medicines are critical, but are only one part of cancer care and control. Our plan is comprehensive and covers the full spectrum – from prevention and screening, to radiation treatment and palliative care.

These investments will mean better health care right across the country, which is what New Zealanders asked this government to deliver. They mean more time with your doctor or nurse, and better cancer drugs. And that all adds up to better health and happier lives.

I am very excited to be working as part of this government, doing things differently. We all remain focussed on building an economy that is growing and working for all of us, improving the wellbeing of New Zealanders and their families, and making our country one we can all be proud of.

Our efforts to restore the public health service are just another way we're fronting up to the long-term challenges facing New Zealand.

Thanks for your support. My office hours are 9.00 am – 4.00 pm Monday to Friday and we are just a phone call away on (06) 835 6093.

Stuart Nash MP for Napier

• Minister of Police • Minister of Fisheries • Minister of Revenue • Minister for Small Business

Authorised by Stuart Nash, 155A Tennyson Street, Napier



Review of Meetings, continued from page 5...

AUGUST: We started the first of our candidates meetings for the Local Body Elections commencing with the six Candidates vying for the three Napier ward Hawke's Bay Regional Council positions. Paul Bailey, Neil Kirton, Nichola Nicholson, Hinewai Ormsby, Martin Williams and John Smith were each allocated five minutes to introduce themselves and incorporate the questions given. Environmental issues were to the fore including sustainability, fresh water, cleaning up our lakes and ocean, coastal erosion and climate change. All agreed we need to monitor and protect our environment. Transport, keeping rates affordable and tourism were other discussion topics amongst the questions put. All candidates presented their views with passion, showing how committed they are to improving the quality of the environment.



Regional Council candidates John Smith, Martin Williams, Hinewai Ormsby, Nichola Nicholson, Neil Kirton, Paul Bailey with facilitator Bruce Carnegie.

SEPTEMBER: An audience of over 300 welcomed 22 Napier City Council candidates, including three vying for the Mayoralty. Each candidate was given 3 minutes to speak, starting with the Mayoral and progressing to the candidates in the various council wards. As expected fresh, clean, unchlorinated water was the "hot topic" followed by the Aquatic Centre debate. All agreed that the water network needed a major overhaul so that the citizens of Napier could once again enjoy safe clean water. Division showed over the pool site – Prebensen Drive vs an Onekawa Pool upgrade. Strengthening the library building and moving back to the central city site; plus environmental and social



Napier City Council hopeful candidates waiting their turn to speak at the October meeting.

housing issues and affordable rates were also mentioned. All were in agreement that transparency and good communication was essential by the future Mayor and councillors.

OCTOBER: David Seymour, Leader of the ACT Party, joined us to explain the process and safeguards in his Private Members End of Life Choice Bill. David said that he had first drafted the Bill in 2015, created to offer the best choice to those who wanted it, but it had taken until July 2017 to be drawn by ballot.

The first reading of the Bill had resulted in a 76–44 vote and this started the Parliamentary process – the subsequent Select Committee taking 16 months to review the submissions – 1350 people in person and 39,000 written submissions – the most factually comprehensive process ever held.

In the second reading of the Bill the vote was 70–50 – still a healthy majority. The Bill entered the Whole House stage where anyone could propose amendments – many being passed, with around 200 being lost.

The General Election in 2020 should have a referendum on "Do you support the End of Life Choice Bill?" Yes/No - so the public will confirm if they want this.

David explained that the "Why" for this Bill was because of the way society treats its most vulnerable members – those suffering have a safe way to protect themselves, but most will die naturally. Many safeguards were in position to protect the elderly and those suffering terminal illnesses. David urged all members to have an Advanced Care Plan with their local G.P's as this Bill does not allow other persons to alter the decision made – advanced age is not a condition! A very interesting and informative afternoon.

Stop Press: the final reading of the Bill was Wednesday, 13 November when it was agreed 69 for 51 against.



ACT MP David Seymour addressing our October meeting on the End of Life Choices Bill.

Apart from our general meeting speakers, during the year Bruce and Maxine have represented our Association at the Federation AGM in Blenheim; Bruce and Isabel attend DHB consultation meetings to present issues concerning our members; 3 or 4 Committee members attend the quarterly Zone meetings in Palmerston North and we have representation on various other organisations, including the HB Positive Ageing Trust, concerning the well-being of older people.

We are looking forward to hosting an equally interesting number of speakers in 2020 to entertain and education our members.

Our last function for this year is our Christmas Luncheon being held at Pukemokimoki Marae, Riverbend Road - Hope to see you there!

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-BETH SHAN-

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WHEN you think of Christmas you might think of being with family and friends around a dinner table laughing and enjoying each other's company. However, that's not the case for everyone.

Around 36% of older New Zealanders (aged 65+) live in single person households with many of them facing the prospect of celebrating Christmas alone.

Sadly, loneliness and social isolation are huge issues for older people, with studies showing that 10% of this demographic experience chronic loneliness, not seeing anyone week on end.

If you or someone you know are lonely, ring Napier Age Concern 06 842 1346 - they offer a range of supportive services and programmes such as the Accredited Visitor service, where someone appropriate can visit a person every week.

And as for Christmas, once again, a group of volunteers are offering a free Community Christmas lunch (see left) so if you know anyone who would like to go, or would like to go yourself, please ring one of the numbers listed and book a space.

Free transport is available.

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From the Mayor...

It is with great pleasure that I write to you as your new Mayor.

I would like to take this opportunity to say thank you to the many Grey Power members who supported, encouraged and shared their thoughts with me over the campaign period.

I have loved meeting and connecting with all of you and it is an absolute honour to represent you.

And a huge thank you to everyone who took the time to vote, pushing our voter turnout to over 50%, higher than it has been in the previous three elections.

I am very excited about the three years ahead of us and warmly welcome our incoming council. With five new councillors, an even number of men and women, and a diverse range of skills, knowledge and experience, I am looking forward to working with all of them to represent our community.

Based on the time we have spent together already I can see they share my passion and commitment to the people of Napier. Ensuring we engage with our community and allow you to set the direction for our beautiful city will be at the core of all of our decision-making.

We have a busy time ahead of us with the immediate priorities including exploring the removal of chlorine from our water, the restoration of the War Memorial elements, implementing the positive aging strategy, relooking at the pool project and deciding how best to upgrade our pensioner housing.

You may have heard about my weekly Town Huddles which are an opportunity to come along and share your thoughts, concerns and



ideas with myself and the councillors. I would love to see you there and the dates of these are listed below.

So once again thank you for making your vote count and I'm looking forward to working with you over the next three years.

Kirsten Wise

UPCOMING TOWN HUDDLES:

Monday 25 Nov: 5:30pm - 7 pm St Andrews Church Westshore

Monday 9 Dec: 5:00 pm - 7:00 pm Community Co-lab Taradale

Tuesday 17 Dec: 10:30 am - 12 noon Tamatea Community Church

Monday 23 Dec: 5:00 pm - 7:00 pm EIT Learning Centre Maraenui

ALL WELCOME - NAU MAI, HAERE MAI!



2019-2022 Napier City Councillors and Mayor

Left: Nigel Simpson, Greg Mawson, Hayley Brown, Richard McGrath, Graeme Taylor, Tania Wright, Kirsten Wise, Annette Brosnan, Api Tapine, Ronda Crystal, Maxine Boag, Keith Price, Sally Crown.

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Napier Grey Power Meetings in 2020

18th February; 17th March; 21st April; 19th May; 16th June; 21st July; 18th August; 22nd September; 20th October; 24th November. All our meetings are open to the public; are held on the third Tuesday of each month, at 1:30 pm at St Columba's Church, 176 Taradale Road (except for the November meeting which is our Christmas Luncheon held at Pukemokomoki marae).

Next year we will feature speakers including the Mayor, our MP, candidates for the General election; and guest speakers of interest. We will do four newsletters, available in hard copy or online.

Right: Napier City Council's Positive Ageing Strategy gives us hope for a better future for elders in our city.



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