

NAPIER and DISTRICTS

GREY POWER

QUARTERLY NEWSLETTER



AUTUMN ISSUE 2023

We shall overcome!

The Spirit Of Napier,
symbolizing Napier rising
from the ashes after the 1931
Earthquake now stands as a
beacon of hope as we recover
and rebuild after cyclone
Gabrielle



Cover photo by Frank Hopfler

GREY POWER NAPIER

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From the Grey Power Committee

The Spirit of Napier was chosen by the Napier Grey Power executive committee as the most appropriate picture for our cover.

Symbolising hope and rebirth (after the 1931 earthquake) we felt it showed the spirit and strength that we now need in order to recover after the devastation wrought by Cyclone Gabrielle.

We could have filled this newsletter with stories of courage and love that are emerging from the tragic reality of this tsunami-like flood. As we go to print, thousands of volunteers are helping out in flood-damaged areas, in community centres, in marae and churches.

We don't know what the recovery will look like, how long it will take, how much it will cost, but we do know that the people of our city, our region, will do what is needed to support each other in overcoming the hurdles we are facing now and in the future.

Guest Speakers for 2023 General Meetings

All at St Columba's Church, Gloucester St, Taradale,
starting 1:30 pm

February – Tuesday 21st: Cancelled

March – Tuesday 21st: Mayor Kirsten Wise

April – Tuesday 18th: Hinewai Ormsby Chair
HB Regional Council

May – Tuesday 16: Marya Hopman – Simple
solutions for pain free movement

June – Tuesday 20th: John Collyns Executive
Director Retirement Villages Association

July - Tuesday 18th: Sukhdeep Singh JP, Cyber
Security Ambassador ANZ Bank

August - Tuesday 15th: Election candidates

September - Tuesday 19th: Election candidates 2

October - Tuesday 17th: MSD speaker

November - Tuesday 21: Christmas Luncheon



Sukhdeep Singh JP, Cyber
Security Ambassador ANZ
Bank is speaking at the July
meeting.



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Many thanks

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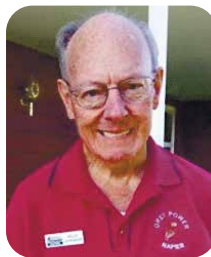


THE MEASURE OF
RETIREMENT LIVING

PRESIDENT'S REPORT

Warm greetings everyone.

I hope **Cyclone Gabrielle** hasn't affected you too badly and to everyone who has experienced devastation our hearts and thoughts are with you and a huge thanks to all the volunteers and helpers who are doing so much towards the recovery.



Bruce Carnegie
President

Since our last meeting, we had our **Christmas luncheon** late November which was enjoyed by 100 plus members (see photos on page 9). It was a very enjoyable time together with good finger food and entertainment. A great way to finish the year.

We started the year with our **volunteers Luncheon** (see page 12); we have 50 volunteers, 37 of whom came along to a buffet luncheon at the Taradale RSA. We wanted to say a big thank you to all our 50 volunteers who do so much with in the various services required to keep our association running smoothly.

We also presented five **10-year Active Service Awards**; we now have 16 volunteers who have given more than 10 years' service to Grey Power Napier; one with 16 years and another 18 years. Very loyal and faithful members. The following volunteers were presented with these long service awards at the luncheon: Betty Wilson, Jill Watts, John Wilson, Wini Mauger and Robin Dalmar.

Regretfully due to the effects of cyclone Gabrielle we had to cancel our February meeting with guest speaker **Sukhdeep Singh J P**, (Cyber Security Ambassador for the ANZ Bank) who was going to talk to us about protecting ourselves from scams and frauds. The good news is that Sukhdeep will be our guest at our July general meeting.

Also, good news - our **Mayor Kirsten Wise** is our guest speaker at our March meeting and I am sure she will bring us up to date with all the key issues that affect us as well as the Gabrielle clean up.

Renewing your membership: With all that's been happening with Covid and now Gabrielle life still goes on and Grey Power is very much involved nationally and locally with in all communities, and to do this effectively it is extremely important to us to have your continued membership and support.

To note that your membership fee is \$20 single, \$30 double. It is important to remember the many benefits

you can receive of which you may be able to share with your family, friends and neighbours. If you're under 65 and not entitled to Gold Card benefits, you can get many through your Discount Book. If you need any help or advice renewing your membership, please contact Bruce or Linda.

2023 AGM: We will be having our AGM in May and would like you to think about coming onto our committee, if this interests you. We would happily talk to you, see what your interests are, answer questions, as your contribution would be of benefit and rewarding.

Volunteer required: We are looking for a volunteer to **manage the distribution of our quarterly newsletter**. We have a team of 26 volunteers who fold and deliver the newsletters who need a coordinator to implement and manage the distribution procedure. To ensure the smooth running of this very important service full training will be given. If you think this could be you, please contact **Bruce on 06 844 5635**.

Potential growth. Because we promote 50 plus, I think it would be good for us to share ideas on what more we could do to encourage the 50-70 age group becoming members. In Napier there is approximately 30,000 in this age group, presenting a huge potential for growing our membership.

We would like to hear your suggestions on **"Ways and means to promote to the 50-70 age group"** either phone or email.

Looking forward to seeing you at our March meeting. Bring a friend! Our Mayor Kirsten will be updating us on many issues.

Best wishes everyone, Kia Kaha (stay strong)

Bruce Carnegie | President
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HOW LUCKY WE WERE

By Ron Wilkins, President Grey Power Hastings & District Association Inc.

Monday afternoon we were sitting on our front porch (covered) having afternoon tea and watching the rain and high winds blowing the line of trees on our boundary line and I made the comment: "I wonder how many of those will be standing tomorrow?" We had already checked the creek next to the trees and fence was right up the embankment.

After a restless night's sleep and having the power going off at 2.10am on Tuesday I got out of bed at 7am to make a cuppa and get the morning paper. I pulled up the blinds in the lounge to see there were no trees standing, our yard covered in water, still raining and our shared shed blown over and all the contents including ten years of legal papers strewn over the lawn of Unit one!

I got dressed and salvaged what I could and then advised the property manager who was there within twenty minutes. Owing to the damage done to our drive and the loss of the embankment along the driveway we all put our vehicles out onto the road. We checked on the other seven units and all of the people were okay.

Luck was with us as unit three had a portable BBQ. So you can appreciate my heading "HOW LUCKY WE WERE" as when the power came on and we watched TV we didn't realise how severe other areas including some streets in Havelock North and the number of trees that had been blown over; houses, orchards, vehicles, bridges and roads totally destroyed, plus unfortunately the loss of eight lives in HB.



Ron's blown-over shed

Volunteers NEEDED

The Art Deco Trust has been working on behalf of the Hawke's Bay community for over 30 years in the preservation of our Art Deco Heritage.

Our wonderful volunteer network is the backbone of our charitable organisation. The Art Deco Trust is a 7 day operation both in the Art Deco Shop and our guided walking tours of the city.

We need passionate people like you to continue this life-long work. If you are interested in knowing more, please contact us on email:

walks@artdeconapier.com

or pop in and say hello and have a chat to our volunteers and staff.

Visit our website to get to know us better: www.artdeconapier.com



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The Health Reforms – our guest speaker, November 2022

By Isabel Wood

On 1 July 2022 all District Health Boards became Te Whatu Ora – Health New Zealand. Alongside its partner Te Aka Whai Ora, the Māori Health Authority, this new entity is intended to provide the platform for improved access to services and health outcomes.



To better understand the new model we invited Andrew Boyd, Interim District Director of Te Whatu Ora (Health NZ)* to speak to our November Grey Power meeting. With over thirty years' service in healthcare including twenty years with Crown Health, Andrew explained how he is

working with the local Communications Director to look at how the new entity will work in the community.

Overall, 80,000 staff are involved throughout New Zealand – a big merger with changes for staff all working together to reduce this impact on people. Lawyers, with their expertise, are coming together to ensure that every dollar counts in the \$24 billion entity.

Action areas are: maternity – the first 2000 days (5 years) are critically important starting with the health of the mother where alcohol, drugs, diet and living conditions can impact during those first 2000 days; cancer; chronic health conditions and mental health and addictive conditions.

As the transition to the new system is made, he stressed that the 80,000 staff will continue the systems and support in place; with Māori Health working in partnership to improve current poor outcomes for Māori.

Nationally planned, the new system is regionally co-ordinated and locally delivered.

Andrew spoke of Central Health Boards, including Hawke's Bay, Whanganui, Wellington, Hutt and Wairarapa, working together to design services to work for their populations. Services are still delivered 24/7, 365 days a year.

Difficulties for some communities include no access to healthcare, early strokes, earlier onset of disease with Māori, those with over 50's dependent on home care, medical emergencies, lack of transport to access treatment. Rainbow, Māori and Pasifika people are particularly vulnerable.

Elective surgery is urgently needed but there are long waiting lists – Covid 19 caused a decrease in capacity as beds were needed for those patients. A Task Force is planned for this, to focus more on those on waiting lists for over 12 months, the first target, as more complications can occur over time. Covid 19 had proved challenging for health care during this time, with staff shortages, vacancies and sickness all daily challenges for Health NZ. Hawke's Bay Health is now able to outsource to the new Kaweka Hospital as well as Royston Hospital which hopefully will help.

Andrew explained that the population has grown, health care has changed; but would be more efficient if better facilities were had. A new Regional Hospital is needed. Planning is needed in choosing a site.

On being asked where a site for development of a new hospital was, his reply was that many things such as earthquake safety were considered. Presently Hastings Hospital has space for further building of services needed. Future site planning is ongoing as it must be fit for purpose.

Tenders for building will be a lengthy process before building commences.

In conclusion Andrew stated that the 4,000 people in Hawke's Bay employed in health care 24/7, 365 days a year, working hard to deliver services and they should all be thanked for their efforts during difficult Covid 19 times. He also reinforced to Grey Power members that fellowship with others was very important, and efforts should be made to connect with friends and family regularly.

*Te Whatu Ora is 'the weaving of wellness'. Whatu is the combining together of people, resources, organisations, thoughts and actions for the betterment and wellbeing of all.

CENSUS DAY 7 MARCH 2023

If you haven't sent your papers in, there is still time as the deadline is extended by 8 weeks for areas affected by Cyclone Gabrielle including Hawke's Bay.

Mayor Kirsten Wise

We've been describing our response and recovery after Cyclone Gabrielle as a marathon, and we're certainly feeling that at the moment. Everyone involved, and there are a lot of people doing their bit, has put untold hours and so much energy into helping our affected communities



Our overarching focus is on community wellbeing and that's not just in our geographic area; we are helping out our neighbours in Hastings as well.

It's a group effort with a lot of support from outside our region and from many agencies coming in to help too. This includes Te Taiwhenua, FENZ, NZ Police, Unison and Waka Kotahi, NZ Defence Force, Army and Navy and people from other councils who have come to help our civil defence emergency management teams.

What I'm really proud of is people's self-reliance. Although there is a lot of help available people have been amazing at looking after themselves. This is only matched by their ability to help others, their neighbours and family, school, church and marae communities but further afield too. People have pulled on their gumboots, rolled up their sleeves and got stuck in. They've donated money, time and resources. They've cooked and cleaned. They've looked after children and pets. Everyone has done so much to help get our community back on its feet.

Across Hawke's Bay's councils and support agencies, mayors, chairs and iwi leaders are already turning

our attention to recovery. We won't be back to 100% business-as-usual for a while yet but in as many areas as possible we are looking at how we can reopen facilities and services while balancing the needs of those hardest hit.

We continue to work closely with the agencies and teams who are rebuilding our roads, bridges and infrastructure and with those charged with ensuring all our residents have power and telecommunications.

Support, supplies and services have come to us from all over New Zealand. It has been heart-warming and humbling. Most remarkable of all though, has been your resilience, perseverance and ability to keep going no matter the obstacles.

My thoughts go to all those who have lost a loved one. The pain will be acute and there are no words but to say your community grieves with you. For those who have lost pets, property, stock, possessions and livelihoods, I also acknowledge the loss you are experiencing.

As a council, we are committed to walking alongside you to help recover and rebuild, but we know the loss is immense. Thank you for your patience and courage through these trying times. Thank you for looking after each other and showing such strong community spirit. We will do everything we can to wrap around you and support you.

We are looking forward to life resuming some form of 'normal' but we do have a way to go. I encourage you to look after yourself and your family and neighbours, stay healthy, take time out when you can and try to take it day-by-day, step by step.

Physical Activity is Essential to Healthy Aging

As an older adult, regular physical activity is one of the most important things you can do for your health. It can prevent or delay many of the health problems that seem to come with age. It also helps your muscles grow stronger so you can keep doing your day-to-day activities without becoming dependent on others. Keep in mind, some physical activity is better than none at all. Your health benefits will also increase with the more physical activity that you do.

Adults aged 65 and older need:

- At least 150 minutes a week (for example, 30 minutes a day, 5 days a week) of moderate intensity activity such as brisk walking. Or they need 75 minutes a week of vigorous-intensity activity such as hiking, jogging, or running.
- At least 2 days a week of activities that strengthen muscles.
- Activities to improve balance such as standing on one foot about 3 days a week.

If chronic conditions affect your ability to meet these recommendations, be as physically active as your abilities and conditions allow.



Linda Hall: **We might be down but we are far from out** NZ Herald, 21 February 2023



It's not often I am lost for words but the images coming out of the Esk Valley, Pakowhai and other flood-ravaged areas last week left me speechless.

Images of areas I have seen thousands of times over the years, now foreign landscapes. It was hard to get my bearings because all you could see was water, silt, mud, slash and ruined homes, cars, orchards, vineyards and businesses.

It's heartbreaking. Lives have been lost and people are still missing.

I'm sure, like me, you have asked yourself 'how are we ever going to fix this? Where do we start?'

Well, it started almost straight away with Civil Defence and emergency agencies powering into action.

The stories of survival made me realise how close many people came to not being here to tell their tales. People literally ran and swam for their lives.

The terror is unimaginable.

In the days that followed, as always happens in a disaster, the best and the worst came out in people.

The best is the winner by a country mile as people in the community have rallied to help neighbours, friends, family and total strangers.

Shovels have been picked up, gumboots put on, machinery offered, food has poured out of commercial and home kitchens all around the community, donations from money to clothes have been given, hugs and tears have been shared.

The outpouring of support is what makes Hawke's Bay such an amazing place to live.

The worst is a minority. People who have no empathy, no sense of community and really don't give a toss about anything or anyone but themselves and what they can gain from other people's pain.

They have caused precious police



Wide devastation throughout Hawkes Bay after Cyclone Gabrielle

resources to be diverted away from helping people, to protecting them.

Speaking of police, I just can't say enough about the amazing mahi from our police force, people running civil defence centres, evacuation centres, Unison (legends), the Army, and all our emergency services. Some people I know have worked around the clock looking after the people in their communities. They have dealt with the loss of lives, confronting scenes and devastated people.

I haven't been to Napier, I didn't want to add to the road congestion, even though I really wanted to visit my family in Greenmeadows. Instead on the weekend, I helped out in Hastings and Waipawa.

I've cried, not for myself or my family, we are fine. My tears are for the people I know and those I don't who have lost everything, and for the families and friends of people who have lost their lives.

It's okay to feel emotional. Even if you haven't been directly affected by Cyclone Gabrielle you probably know someone who has. It shows that you have empathy — the ability to understand and share the feelings of others — that's a good thing.

Humans are creatures of habit. We like routine. For thousands of people that routine will never be the same again. However, we are also a resilient, strong and determined lot. People will carve new routines, it might take them months or years to do it and at times the task ahead will be overwhelming as it is now, but with the help of this amazing community, government support and the generosity of our fellow Kiwis, we can do it.

Our region may be down but it's far from out.



Christmas Luncheon



Napier disability groups were represented at the presentation of a petition to Parliament to strengthen the Disability Bill.

No matter who you are, or what you are going through, Samaritans are here to listen.



Samaritans listen without judgement, available 24/7, so that no one in New Zealand ever has to feel alone when dealing with life's challenges.

samaritans 0800 72 66 66
Aotearoa New Zealand samaritans.org.nz

NAPIER REPAIR CAFÉ

Relaunching for 2023 on
Saturday March 25th

Napier Repair Café is a monthly pop-up event run by Sustainable Napier and held at Asher Hall on the corner of Dalton and Tennyson Streets between 11.30am and 2.30pm the last Saturday of every month between February and November. Since launching on 25th of June 2022, Napier Repair Café's talented volunteers have managed to repair more than 256 items, with a replacement value of close to \$17,555.00.

That's \$17,555.00 the Napier Repair Cafe has saved the Napier community, and 256 items saved from landfill. Our more than 30 volunteers have baked delicious cakes, slices and cookies, poured coffee (provided by our generous

sponsors Switch Coffee Roasters), and fixed clothing, bicycles, scooters, electrical appliances, clocks, jewellery, toys and other household items, all while sharing their skills and expertise with the community.

Our dedicated Repair Volunteers offer jewellery repair, general household items and bicycle and scooter repairs, electrical and small appliance repair, machine and hand sewing for clothing and soft furnishings.

Entry is free, and a gold coin koha is appreciated for tea / coffee / baking or any successful repair. We run a tamariki zone with colouring in, and a great selection of toys provided by the Haumoana or the Napier Toy Library, as well as a 'take apart table' where children can take

electrical items apart to find out what makes them tick.

The next Repair Café for 2022 will be run on Saturday 25th of March, and will run the last Saturday of every month in 2023 until November.

Napier Repair Café is grateful for the support of Hawke's Bay Regional Council, Keep Napier Beautiful, Repair Cafe Aotearoa New Zealand (RCANZ) Switch Coffee Roasters and Napier and Haumoana Toy Libraries.

Any enquiries can be directed to Helen at Sustainable Napier 021 0291 4635 or sustainablenapier@gmail.com



Helen Howard (right) organiser of Repair Café with two of the volunteers doing free repairs



by Stuart Nash MP

Supporting people through Cyclone Gabrielle

It's been a really tough time for Hawke's Bay. Cyclone Gabrielle is the most significant weather event New Zealand has seen this century. The severity and the breadth of the damage hasn't been experienced in a generation, and I know the events have taken a huge toll on many New Zealanders.

For only the third time in our history, the Government declared a National State of Emergency. This enables us to support the affected regions, provide additional resources as they are needed, and help set the priorities across the country for the response.

It's been heart-warming to see whānau, friends and neighbours pulling together to keep each other safe, warm and fed. The resilience and community spirit shown by the Napier electorate has been remarkable, but I know there's still a long road ahead for many.

We've also had people trying to get hold of loved ones who were cut off without reception. While emergency response teams worked as hard as they could to get communications back online, it has been an anxious time.

An all-of-Government response is well underway and we will continue to support communities through this unprecedented event, as well as the recovery and rebuild.

Community organisations moved quickly to provide flood relief and to support whānau and our Government's recent \$11.5 million community support

package will help to provide immediate relief for individuals, families, and households.

We've also put in place funding to help farmers, growers, whenua Māori owners and rural communities mobilise and co-ordinate recovery efforts from Cyclone Gabrielle. We're expecting to provide even more support once we know the full extent of damage caused.

This is a difficult time for many, with thousands of people's homes and businesses affected. But we've also seen people from all walks of life coming together and stepping in and lending a hand. We will get through this together and our Government will continue to provide support.

A new service has been set up to support homeowners with natural disaster insurance claims. People whose homes have been damaged by a natural disaster will now have access to a new service to assist and support them if their insurance claims get stuck. The New Zealand Claims Resolution Service will provide expert support to homeowners with insurance claims after natural disasters to avoid disputes, resolve issues and ensure claims are settled as quickly as possible. Homeowners who have concerns about their claim or are unsure about the process can contact NZCRS on 0508 624 327, email contact@nzcrs.govt.nz or visit www.nzcrs.govt.nz.

Finally, I'd like to acknowledge our emergency responders. They've put in the hard yards and put their lives on the line in the service of their communities. We all owe you enormous gratitude, thank you.

Stuart Nash MP for Napier

Minister for Economic and Regional Development, Minister of Forestry,
Minister for Small Business, Minister of Tourism

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Office hours are:
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Authorised by Stuart Nash MP, Parliament Buildings, Wellington



Volunteers' Luncheon



John Wilson



Wini Mauger and Kathy Coby



Sam Bradshaw, Kathy Booth and Bubbles Munro



Pam and John Wuts



Elizabeth and Chris Hughes



Peter and Margaret Arthur



Laurie and Shona Jenkin



Sharon MacGregor, Shona Bayliss and Maxine Boag



Joanna Johnston and Helen Twort



Shirley Milliken and Dawn Harvey



Kay Nesdale



Ian Cook and Linda Mellor



Jane and Robin Dalmar



Dianne and George Dingle

ANZAC Carvings at Rissington

By Selwyn Hawthorne

On the very auspicious Armistice Day 2022 at the 11th hour on the 11th day of the 11th month I attended the dedication of the ANZAC carvings at Rissington to commemorate the service of local folk among the 100,000 New Zealanders in the so-called Great War.

That conflagration was supposed to be “the War to end all wars” and led to the appalling loss of 18,000 lives including 842 who died in one day on 12 October 1917 at Passchendaele in Belgium.

These young folk are memorialised in an amazing creation by the late Hugh Tareha from Waiohiki who passed away just prior to completion. It was subsequently finished off by Chris Elliott.

I know the over 100 year old redwood tree well because in 1963-64 I drove past it twice daily doing the Patoka-Napier-Puketitiri bus-mail-freight run for my parents who lived at Patoka.

In recent years the tree had become unsafe and been condemned. Thank heaven that local farmer Bronwyn Farquharson lobbied extremely hard to prevent its felling.

Because the tree had an almost grown-over low split fork, the carvers were able to skilfully and beautifully create 2 soldiers out of the remaining 8 metre tall trunk.

One a Kiwi in full kit who faces toward Napier and in true ANZAC spirit his mate is a similarly kitted Ocker who is looking toward Sydney.

In raining conditions, about 300 people, locals, Patoka School pupils, military motor-cyclists, vintage military equipment collectors, some returned Vietnam veterans and other folk from the twin cities attended in the rain.

After a welcome by fourth generation Rissington farmer Jeremy Absolom, whose family donated the land for the commemoration stone, the pupils of Patoka School led the audience with our National Anthem.

The statue was dedicated by the Very Reverend Di Woods, Dean of Waiapu who also mentioned the appropriateness of the wet conditions.

Next came a precis of local history by the foresightful Bronwyn Farquharson. Hastings Mayor Sandra Hazlehurst accompanied by local Hastings District Councillor Tania Kerr made the Armistice Day address, followed by the recitation of The Ode, the sounding of the Last Post and Reveille, the laying of wreaths and then the Benediction.

It was so apt that the weather was inclement because my lifelong image of the Western Front during World War One was of a cold, wet, sea of mud similar to the exit gateway on the day .

Bless you Rissington Community Group for your magnificent effort to preserve both an iconic tree and the memories of your local fallen servicemen. This monument along with the adjacent Soldier's Settlement Road are now formally on the Poppy Places Register.

I know only too well the kaupapa of so many of the locals from Rissington and Patoka having been a resident or family having connections for a number of years.

A great proportion of the farmers in the two districts were returned servicemen who had gained their farms via the rehab ballot scheme available to them on their return.

The community spirit that they generated was unbelievably strong and I am so grateful to have learned so much from it as a youngster, hence my commitment to our Napier War Memorial restoration.



Despite the Rissington community being cut off in Cyclone Gabrielle, the statue of the soldiers stands unscathed.

The all-new Discount Book 2023-24

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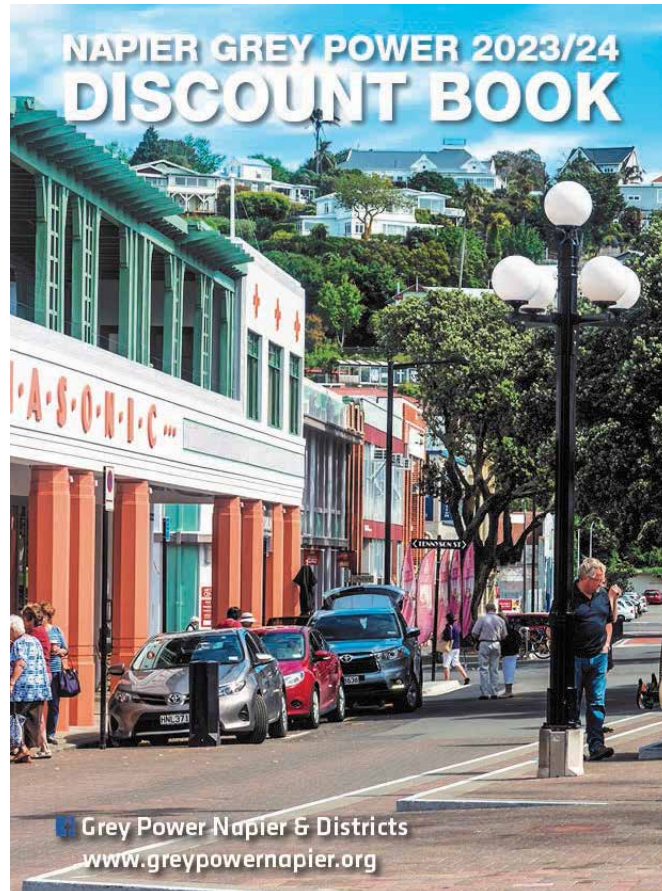
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THINGS YOU CAN DO TO HELP US:

We welcome your membership, there are ways to make joining easier at both ends!

- When paying by Internet banking, or across the counter at the bank, please include your surname and membership number. We have 13 Smiths, 11 Johnstons, & 8 HARRISES on our database so having the membership number helps a lot – even if you don't have a common surname!
- Let us know if you change your address or change your phone number or email address – we use all 3 modes to keep in touch with our members and having the most current one really helps our communicators.
- Let us know if you want to receive your notices and newsletters by email. It does make communication with you easier.
- Subs for 2023 are due to be paid from 1st April 2023. They have gone up this year because our national body, the Grey Power Federation has increased the capitation fee so now \$7.50 from each sub goes to them (rather than \$5 for many years). The subs are \$20 for a single and \$30 for a couple. The cards for the 2023 year will have a green label.
- Please let us know if you no longer wish to be a member of Grey Power Napier.

Thanks for your consideration!

Linda Mellor | Membership Secretary.

Grey Power Napier and Districts Membership Benefits

1. Low membership fees - \$20 Single \$30 Double p/a
2. To support an organisation that will advocate (lobby) for our protection and concern on matters like superannuation, health, law, justice
3. Monthly meetings with excellent speakers that relate to our interests plus good fellowship over a delicious afternoon tea
4. A free Discount Book with approximately 200 supporting trades and services – gives under-65 members Gold Card discounts
5. Cheaper gas, electricity and broadband for Grey Power Members
6. Opportunities to volunteer
7. Quarterly local newsletter
8. Quarterly Federation magazine
9. Free Accident Insurance. \$2000 paid by AIL insurance in the event of accidental death
10. 8 cents a litre off gas at Z petrol stations
11. 20% discount on Medical Insurance by Vesta Insurance for 70 years and younger
12. Interisland Ferry fares at off peak rates
13. An Appreciation Volunteers Luncheon
14. End of year Christmas Party / Luncheon for all



MEMBERSHIP SUBS DUE NOW

Membership subs re now due for the 2023/24 year.

Cost is \$20 single and \$30 couple.

ANYONE CAN JOIN - YOU DON'T HAVE TO BE OVER 65!

To pay your membership, you can:

1. Pay your sub online to **bank account number: 38-9009-0434068-00** Grey Power Napier & Districts; put your Surname, Initial and Grey Power membership number if renewing. If you are a new member, please email greypowernapier@gmail.com or phone Bruce 06 844 5635 to let us know you have joined. **OR**
2. Complete this form and mail it to us at Grey Power Napier & Districts, PO Box 4247, Marewa 4143 or phone Bruce and he will pick it up. Or scan and email. **OR**
3. Or join online on our web page www.greypowernapier.org

Your name/s

Address

Phone email M'ship no

You are paying \$20 for 1 member (tick if applies) or \$30 for a couple

Amount paid: Payment Type:

Can we email your newsletter?

www.napiergreypower.org

Find us on Facebook @greypowernapier



WHAT IS GREY POWER?

Grey Power is not aligned with any politician or political party. We are an advocacy group and we present our views to Parliament and local Councils to try to get a better deal for all Superannuitants. As such we will speak to any political group or politician who is likely to make a difference on our behalf. We also seek to keep all our members informed on what Grey Power has been doing on their behalf.

New search functions simplify choosing a retirement village.

If you're looking to make the move to a retirement village, the Eldernet Group has made the process easier by adding new search functions to its website. The free online service showcases every retirement village in New Zealand, hosting the country's largest selection of available properties in every region. Each property is listed with 'starting-from' prices, allowing users to filter within their specific price range.

The Eldernet website is retirementvillages.co.nz

Grey Power Napier Committee 2022-2023



Left, back: Bruce Carnegie, Shona Bayliss, Allie Beattie, Ian Cook, Kay Nesdale, Russ Wyeth
Front: Anne Mitchell, Isabel Wood, Linda Mellor, Maxine Boag. absent: Jacquie Hurst.

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Issue 3, Spring, online 1 August, delivery following week

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